



Antarctica: Discovery and Learning Voyage

Ushuaia – Ushuaia

17th November – 27th November, 2025

On board *m/v Hondius*



M/v *Hondius* was built in 2019, as the first-registered Polar Class 6 vessel in the world, meeting the latest and highest Lloyd's Register standards for ice-strengthened cruise ships. Surpassing the requirements of the Polar Code adopted by the International Maritime Organization (IMO), *Hondius* represents the most flexible, advanced, innovative touring vessel in the polar regions, thoroughly optimized for exploratory voyages that provide you the utmost first-hand contact with the Arctic and Antarctica. *Hondius* complies with the latest SOLAS-regulations (Safety Of Life At Sea). M/v *Hondius* is 107.6 m long, 15.3 m wide and has a maximum draft of 5.3 m, Polar Class 6 (equivalent 1A-Super), 15 knots average cruising speed and has 2 x ABC main engines; total 4,200 kW.



Captain Jan Dobrogowski

and his international crew of 78 sailors

Staff Captain:	Elizabar Kadaría	[Ukraine)
Chief Officer:	Sven Holzhausen	[German]
Second Officer:	Eline Schuurman	[Netherlands]
Officer:	Erik van de Reijden	[Netherlands]
Hotel Manager:	Jeroen William Barnes	[Netherlands]
Ass.Hotel Manager	Victoria Bridgwood	(Irish)
Head Chef:	Khabir Moreas	(India)
Sous Chef:	Edward Nunag	[Philippines]
Sous chef:	Felix Lobo	(India)
Ships doctor:	Sjoerd van der Knokke	[Netherlands]
Expedition Leader:	Chloe Maréchal	[France]
Ass. Expedition Leader:	Koen Koekemeijer	[Netherlands]
Ass. Expedition Leader:	Koen Jongerling	[Netherlands]
Expedition Guide:	Mark Whiffin	[UK]
Expedition Guide:	Rose Li Hong	[China]
Expedition Guide:	Alexander Romanovsky	[Russia]
Expedition Guide:	Alexis Belezze	[Argentina]
Expedition Guide:	Yufan Yao (Stela)	[China]
Expedition Guide:	Lucia Romero	[Argentina]
Expedition Guide:	Juan Berenstein	[Argentina]
Expedition Guide:	Nic Cunliffe	[UK]
Expedition Guide:	Andy Perkins	[UK]
Expedition Guide:	Emily Clarke	[UK]
Expedition Guide:	Ali Liddle	[UK]
Expedition Guide:	Valeria Sainz Herrera	[Argentina]
Expedition Guide:	Marcelo Tarapow	[Argentina]
Expedition Guide:	Enric Modol	[Spain]
Expedition Guide:	Andrew Crowder	[UK]

Expedition Guide:

Mathew Cheok

[Australia]

Expedition Guide:

JingJing Shi (Frank)

[China]

WE WELCOME YOU ON BOARD!

Day 1 – Monday 17th November, Ushuaia, Embarkation day: Setting Sail for the Antarctic

18h00 GPS Position: 54°48.6 S, 068°17.9 W

Wind: SW4.5 • Sea: Moderate • Weather: Overcast • Air temperature: 6°C

This afternoon marked the beginning of our grand adventure as we stepped aboard *Hondius*, our expedition vessel bound for the Antarctic. Moored in the port of Ushuaia, at the end of the world the ship loomed large and ready—our floating home for the next ten days. For some, the journey began with a small challenge: conquering the steep gangway, duffel bags in tow and excitement in the air. But one by one, we all made it aboard, eager and wide-eyed.

After settling into our cabins, we gathered in the ship's heart - the observation lounge - for our first official meeting: the safety briefing. There's something surreal about donning a bright orange life vest while imagining penguins, whales and glaciers, but the drill was a rite of passage, and by the end, we felt a little more like seasoned explorers.



With formalities complete, it was time for a toast. Glasses clinked and smiles widened during the Captain's Welcome Cocktail, held once again in the lounge, now buzzing with conversation and anticipation. Due to the incredibly strong winds we set sail at 19:00 pm. Outside the windows, the coastline of Ushuaia slowly began to recede—we were finally underway, making our way through the Beagle Channel.



Dinner was a lively affair, filled with laughter and introductions. After dinner we all headed back to the lounge where we had our mandatory zodiac briefing. After which some of us stayed out on deck, scanning the waves for the first glimpse of wildlife.

Our expedition has begun, and with it, the promise of icy landscapes, untamed nature, and memories waiting to be made.

Day 2 – Tuesday 18th November, Drake Passage - At sea sailing towards Antarctica

08h00 GPS Position: 54°42.4'S / 64°23.1'W

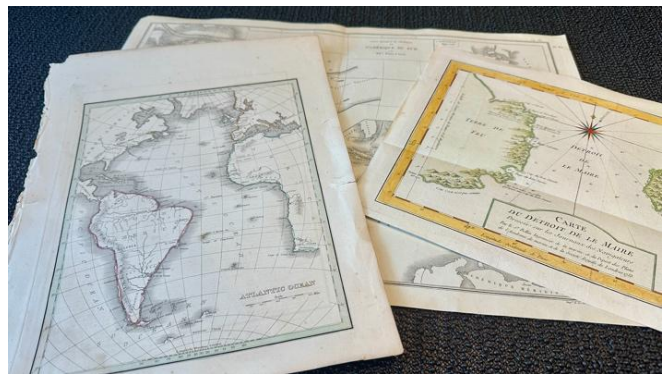
Wind: SE8 • Sea: Slight • Weather: Partly Cloudy • Air temperature: +4°C

Today's programme is filled with preparations for our visit to Antarctica. As our second day at sea begins with our expedition leader, Chloe's first 'Good morning!' wake-up call. The weather conditions were not favourable for starting our crossing through the Drake Passage, so we had to wait a little while. Instead, we had the unique opportunity to sail towards Staten Island.



After breakfast At 09.15 AM, an announcement was made to go to deck 3, "the Boot Room", to try on the warm, waterproof muck boots that we were going to use in all our activities outside Hondius.

Afterwards, Marcelo invited us to the lounge for an amazing first lecture about the history of Staten Island and how it inspired Jules Verne and even showed us original maps. It was an experience that covered all our senses.



Isla de los Estados, also known in English as **Staten Island**, is an [Argentine](#) island that lies 29 kilometres off the eastern extremity of [Tierra del Fuego](#), from which it is separated by the [Le Maire Strait](#). The island is part of the Argentine province of [Tierra del Fuego](#), and of the department and city of [Ushuaia](#). It has been declared an "Ecological, Historic, and Tourist Provincial Reserve". Prior to European arrival, the island was visited by the [Yamana people](#), who inhabited the islands south of [Isla Grande de Tierra del Fuego](#).

The first Europeans to encounter the island were the Spanish naval captain [Francisco de Hoces](#) and his crew in 1526. His ship, the *San Lesmes*, was part of the Spanish [Loaísa expedition](#) to the Pacific Ocean. The ship found the island after it had become separated from the rest of the fleet in a storm.

Almost a century after the Spaniards, the Dutch explorers [Jacob le Maire](#) and [Willem Schouten](#) passed the island on 25 December 1615, naming it *Staten Landt*.

We had the opportunity to see the replica of the old lighthouse. The landscape was breathtaking.

Next on our daily schedule was lunch.



We spent time on the outside decks and on the bridge, where we had the opportunity to see some sea birds of the South Atlantic.

In the afternoon, Mark invited us to a lecture about albatrosses and petrels, during which he described many surprising facts about these magnificent birds.

Juan gave a presentation on photography, sharing all the tips and tricks for getting the best shots of our incredible trip.

Later in the afternoon, we all gathered again in the lounge for a daily recap. Chloé presented the plans for the following day. Emily talked about marine superstitions, and Lucia taught us about the name Antarctica. Finally, Andy gave us a crash course in 'How to Talk Like a Sailor!'.

After another delicious dinner, everyone was excited for the crossing of the Drake Passage the following day!

Day 3 – Wednesday 19th November, Drake Passage – At sea sailing towards Antarctica

08h00 GPS Position: 57°08.7'S / 001°17.6'W

Wind: SW3 • Sea: Slight • Weather: Partly Cloudy • Air temperature: +5°C

It had been an uncomfortable night on board Hondius with the ship rocking and rolling a bit but as we woke up and made our way to breakfast the sun was shining and the sea was beginning to calm. It was looking like a good day in the Drake Passage.

After breakfast we had our first presentation of the day from Chloé. This was the mandatory IAATO (International Association of Antarctic Tour Operators) briefing which tells us about the unique environment of Antarctica and what we must do to limit our impact as visitors to protect this frozen continent and its wildlife.

After this, we were then invited to the lounge once more to learn about some of the Citizen Science projects that we can contribute to during our voyage. Andrew and Emily told us about the whale surveys offered by ORCA and the data collection of humpback whales which is run by HappyWhale. We can identify humpback whales by the unique pattern on the underside of their tail, their fluke so by taking photos we can add to the database of whales that visit Antarctica in the summer.

After a fabulous lunch we had two more presentations from staff in order to prepare us for our arrival in Antarctica. Enrico explained about the geology of the continent, how it was formed from the supercontinent of Gondwana and the rocks that it is made from.

Later in the afternoon Koen told us about the history of explorers in Antarctica. The beginning of the 20th century was described as the Golden Age of Exploration when Amundsen, Scott and Shackleton were travelling to Antarctica in a race to reach the South Pole. We won't be going that far south but we are certainly on our own Expedition!



Before dinner we gathered in the Lounge to hear about the plans for tomorrow and hear some other short stories from staff about Deception Island.

It had been a really good day in the Drake Passage and we were making really good speed towards Antarctica!

Day 4 – Thursday 20th November – At Sea Towards, Deception Island, Whallers Bay

08h00 GPS Position: 62°36.7'S / 62°27.4'W

Wind: SW2 • Sea: Rippled • Weather: Clear • Air temperature: +5°C

The day began with excitement as we woke up to our very first view of the Antarctic Islands coastline. Under brilliant sunshine and cloudless skies, the continent appeared sharp and vivid on the horizon. The conditions were exceptional: no wind, calm seas, and crystal-clear visibility. All around the vessel, penguins could be seen leaping out of the water, while occasional whale blows rose in the distance. Many of us gathered on the outer decks early, eager not to miss a moment of this spectacular arrival.



During the morning, Expedition Guide Ali delivered an insightful and well-received lecture on penguins, covering behavior, adaptations, and the species we might encounter in the days ahead. Afterwards, the expedition team guided everyone through the mandatory biosecurity procedures, ensuring that all boots, outer layers, backpacks, and equipment were fully cleaned and prepared for the first landing in Antarctica. Meanwhile, there were several workshops delivered on the outer decks as we all wanted to be outside as much as possible: there was a photo workshop, citizen science, surveying for marine mammals, and bird watching and ID.

Lunch was served as the ship continued sailing toward Deception Island, the dramatic volcanic caldera known for its narrow entrance at Neptune's Bellows. As the vessel approached the entrance and final preparations for landing were underway, a sudden call from the deck drew everyone outside—orcas had been spotted. Not just a few, but three pods, made up of many individuals, they were traveling and socializing around the ship.

For an extended period, the orca remained nearby, surfacing, circling, and giving us an extraordinary wildlife encounter. Cameras clicked rapidly, and the decks filled with quiet amazement as we watched the animals glide effortlessly through the still water. The planned landing was understandably delayed, though no one seemed to mind in the slightest.

Once the orcas continued on their way, the ship proceeded into the caldera, and we were



finally able to disembark at Whalers Bay, a historic site marked by old whaling structures, rusting boilers, and dramatic black-sand beaches. The excellent weather held, allowing for a leisurely exploration of the site. We also had the chance to go zodiac cruising outside Neptune's Bellows, taking in the volcanic cliffs and the serene conditions that made the afternoon especially memorable.

We all returned to the ship after this successful first activity in Antarctica, energized and delighted by the day's experiences. Following dinner, the expedition team hosted the daily recap, offering reflections on the day and sharing plans for the adventures to come.

As first days in Antarctica go, it could not have been more perfect.



Day 5 – Friday 21st November, Danco & Neko Harbour

08h00 GPS Position: 64°43.4'S / 62°32.0'W

Wind: E3 • Sea: Slight • Weather: Partly Cloudy • Air temperature: +3°C

Our day began at 6:45am with a gentle wake up call as soft morning light drifted across the Errera Channel. Breakfast followed and it soon became clear that we had been gifted an exceptional day of weather. Danco Island welcomed us with calm seas, bright blue skies and gentoo penguins busy with their nesting rituals. The peaceful conditions made both the landing and the cruising feel almost effortless and many of us found ourselves quietly wondering what the harsher side of Antarctica must be like. The landscape sparkled in the sunshine and the morning passed in a relaxed and cheerful rhythm.



After lunch we travelled to Neko Harbour for what proved to be a defining moment of the voyage. This was our first continental landing on Antarctica, a milestone that carried a sense of pride and awe for everyone. Stepping onto the mainland in such calm and spectacular weather felt truly special. Gentoo penguins wandered along the shoreline and every so often a sharp crack from the glacier walls echoed across the bay reminding us that this peaceful scene sits within a powerful and constantly shifting environment. The afternoon zodiac

cruise offered sweeping views of the towering ice and glassy water which reflected the entire harbour like a mirror.

Our early evening recap brought the day together beautifully. Chloé spoke about the colossal squid which fascinated the room while Matt shared his memorable Brad Pitt rule of polar photography which had everyone smiling and eager to put their new wisdom to use. After dinner, the ship settled into a relaxed evening until an excited announcement came over the speakers at around 10:00pm that orcas were beside the ship. We



hurried to the decks where the fading light revealed orcas and whales gliding gracefully around us in what felt like a final gift from the Antarctic wildlife.

As we finally returned to our cabins we could not help but feel grateful for such a remarkable day. We cannot wait to see what tomorrow brings, though we have already been briefed that colder weather is on the way and to make sure we rug up for the adventures ahead.

Day 6 – Saturday 22nd November, Palaver Point & Graham Passage

08h00 GPS Position: 64°08.5'S / 61°45.7'W

Wind: NE1 • Sea: Calm • Weather: Overcast • Air temperature: -1°C

The day began shrouded in dense, low clouds, setting a dramatic, chilly scene with outside temperatures hovering at 0°C. Our spirits, however, were high, driven by the anticipation of encountering a new species: the agile Chinstrap Penguins. A warm, fortifying breakfast prepared us for the cold and our first landing.

We disembarked at **Palaver Point**, a destination famed for its significant Chinstrap Penguin colony (*Pygoscelis antarcticus*). The

journey through the bay offered breathtaking, almost cinematic views. The sea, while relatively calm, was filled with massive icebergs—some larger than our own vessel, the *Hondius*—their sculpted forms a stark reminder of the glacial environment.

The morning proved exceptional for marine wildlife. Our Zodiacs and kayaks were privileged to observe several Humpback Whales (*Megaptera novaeangliae*) feeding and resting close to the shore and even alongside our boats. As the morning activities ended, gentle snow began to fall, signaling our return to the warmth of the ship.

After a welcome and hearty lunch—featuring a fantastic spaghetti with marinara sauce followed by a well-deserved tiramisu—we were energized for the afternoon.



The second excursion was a Zodiac cruise through the spectacular **Graham Passage**. Despite the fog and persistent sub-zero conditions, the environment was captivating. We were once again fortunate with marine life, spotting both Humpback and Minke Whales (*Balaenoptera acutorostrata*). The passage itself was littered with uniquely-formed icebergs calved from the surrounding glacier, showcasing nature's abstract artistry.

The excitement of the day continued into the evening with our special **BBQ Night**. It was a perfect blend of delicious food, great music, and dancing, providing the warmest possible closure to an otherwise cold day of Antarctic exploration. It was a day of stark, icy beauty and incredible wildlife sightings, ending on a high note of camaraderie and celebration.

Now, we rest and recover, ready for the adventure that awaits tomorrow.

Day 7 – Sunday 23rd November, Brown Base & Stony Point

08h00 GPS Position: 64°53.4'S / 24°54.0'W

Wind: VAR • Sea: Slight • Weather: Partly Cloudy • Air temperature: -1°C

We awoke on the morning after the barbecue to 10cm of fresh snow on the decks of the Hondius. Cruising gently south under overcast skies, we entered Paradise Harbour, named by the whalers for the huge pods of whales there, but still justifies long after they slaughtered them, with beautiful mountains surrounding the ship on all sides.

We arrived at Brown Station, one of the many Argentinian research stations on the continent. As the personnel had not yet arrived for the summer season, we were able to land at this remote outpost of humanity. Greeted by sheathbills strutting around the empty buildings, the guides set up a trail that zigzagged up to the viewpoint overlooking the harbour. This gave a spectacular panorama across to Lemaire Island and Bryde Island. We had to keep our distance from the huge snow overhang above the steep cliffs, which are home to the blue eyed cormorants that nest here. Meanwhile the kayakers paddled in a beautiful moon shaped lagoon while big icebergs nudged against the hull of Hondius as humpback whales surfaced in the bay.





kayak team had a very special encounter with a leopard seal.

The highlight of the afternoon for many of us was the polar plunge. Stripping off and immersing oneself in water that's at 1 degree Celsius was surprisingly popular! Towels were specially provided by the crew, followed by a rapid zodiac shuttle back to Hondius for a long hot shower.

In the afternoon, we cruised across the bay to the nearby Stony Point. The guides took real care not to break propellers as they approached the shallow rocky beach. They dug out stairs and fixed a rope so we could get onto the snow which by this time was very soft. We needed snowshoes to walk up to the viewpoint. For many of us it was our first time to experience this new way of travel. On the water, we spotted a couple of Weddell seals dozing on an ice floe, and the



Day 8 – Monday 24th November – Yankee Harbour & Edinburgh Hill

08h00 GPS Position: 62°53.2'S / 60°06.8'W

Wind: SE2 • Sea: Slight • Weather: Partly Cloudy • Air temperature: 0°C

The day began with Antarctic gifts: clear skies and calm seas. As the ship pushed steadily northward, the morning sun lit up the snowy mountains of Deception Island off the port side, their icy flanks glowing in the sunlight. On the starboard side, a small group of Humpback Whales surfacing, their blows backlight by the sun. It was the kind of wake-up call that needed no alarm—one that reminded everyone aboard exactly where they were: at the edge of the world.

The vessel continued north, tracing the rugged eastern coastline of Livingston Island before easing into



the narrow MacFarlane Strait. Jagged peaks rose sharply from the water, and the strait's shifting blues and silvers seemed almost unreal in the morning.

By mid-morning, the ship anchored off Yankee Harbour, a natural, crescent-shaped refuge long used by sailors, sealers, and—more recently—wildlife enthusiasts. Conditions were good, allowing for a split morning of land exploration and zodiac cruising.

Onshore, life was in full swing. The large Gentoo penguin colony—nearly 5,000 strong—filled the air with their calls and bustling activity. Among them, visitors spotted a handful of Chinstrap penguins weaving their way through the crowd, their crisp markings making them easy to pick out. Not far away, a lone Adélie penguin stood at the edge of the colony, almost as if contemplating whether it had shown up to the wrong party. An elephant seal dozed lazily along the beach, barely acknowledging its audience except for the occasional, half-hearted flipper scratch.



Out on the water, the zodiac cruise brought yet another perspective. A sleek Minke whale surfaced repeatedly near the boats, its dark shape gliding silently beneath the waves as it fed. More elephant seals lounged on scattered patches of shoreline, perfectly unbothered by the passing zodiacs.

Day 9 – Tuesday 25th November – At sea, towards Ushuaia

08h00 GPS Position: 60°26.2'S / 62°36.1'W

Wind: W4 • Sea: Slight • Weather: Fog • Air temperature: -1°C

This morning, we had the luxury of no wake-up call. Chloé left us to wake and rise at our own time and pace; quite a pleasant change after four days of early starts for activities off the ship.



Looking out the window we found ourselves in fog, with visibility down about 20 metres. This persisted for the early part of the morning before clearing towards the horizon. This enabled us to see again some of the seabirds we had become familiar with on the route south.....**Light -mantled Albatross, Cape Petrel and Southern Fulmar.**

Inside, the lecture programme kicked off with Andrew presenting on Antarctic Orca. As well as giving us lots of general information about the natural history of Orca, he shared with us his interpretation of the amazing encounter we had earlier in the trip, near Deception Island. He left us in no doubt that we had witnessed something a bit special – pods coming together to form a grouping of 40-45 individuals. After that, Chloe took us to the other end of the size spectrum with her fascinating talk on Plankton, which was eye opening and very well received.

Over lunch, the ship was surrounded by clouds of Prions. Often difficult birds to identify to a species level, they were almost all **Antarctic Prions** with the occasional **Blue Petrel**. After a short break (maybe a nap for some!) we joined Koen for a presentation in the lecture theatre on all the other destinations and activities that Oceanwide Expeditions offer in the south and north polar regions (and several places in between!).

The final presentation was a world premiere by Andy about glaciers and people and the interaction between the two. He took us through glacial structures, the historical human view of glaciers including the danger of crevasses and how to mitigate the risks. He finished with a reflection of the effect of rising temperatures on glaciers – using them as a barometer of global warming. Following on from this great talk we had to return our muck boots to the expedition team. They had served us so well on our expedition – and this was a further sign that it was coming to a close as we surrendered them.

Dinner was a fully vegetarian offering – Oceanwide’s own attempt to promote sustainability; whatever the motivation, vegetarians and non-



vegetarians alike really enjoyed their food. And that wasn’t the end of the day as Sasha took over the lecture theatre to tell tales, in his inimitable style, about ‘How to get to Antarctica’.

Day 10 – Wednesday 26th November – At sea Drake, Passage

08h00 GPS Position: 56°22.4' S, 66°57.7'W

Wind: NW8 • Sea: Slight • Weather: Overcast • Air temperature: 8.1°C



A late wake up call allowed us to catch on up rest ready for facing the last day of this unforgettable trip.

Extra energy was required because the farewell is imminent.

We spent the voyage getting to experience incredible and pristine places, Antarctic flora and fauna we had never seen before, we shared our time with amazing people from many different latitudes who told us of their experiences, feelings and expectations.

Jan, the captain decided to add the cherry to the cake. As Hondius headed to the emblematic Cape Horn, a small island that divides the Pacific Ocean to the Atlantic, a very special corner of the world during the Clipper era, when the Panama Channel didn't exist.

Just three nautical miles from Cape Horn, even when it was a little foggy, we sighted that big rock. A big rock that has a lighthouse, and an albatross sculpture. The following poem was read to us by Marcelo:

I am Albatross

I am the albatross that waits for you
at the end of the world.

I am the forgotten soul of the dead sailors
who crossed Cape Horn from all the seas of the earth.

But they did not die in the furious waves.

Today they fly in my wings.

Toward eternity, in the last crack of the Antarctic winds.

By Sara Vial

We heard its history and continued to learn throughout the day as we attended the last lectures presented by Andy, Koen, Rose, Lucia and Marcelo.

But going back again to the farewell. Are the farewells a sad moment? Mmmmm.....I read in Illusions, a book written by Richard Bach that the farewells are necessities for reencontres again in the future. That means that farewells are not the end, they are the first step looking forward to the future, a moment or perhaps a day that is coming and that it will find us together again, maybe, forever.



Day 11 – Thursday 27th November - Arrival back into Ushuaia

08h00 GPS Position: 54°48.6 S, 068°17.9

Wind: SW1 • Sea: Calm • Weather: Partly cloudy • Air temperature: +6°C

Today is the day we disembark our dear Hondius, we heard the final 'Good morning our dear explorers, from our Expedition Leader Chloe Maréchal. We were sad to say goodbye to all the crew and Expedition Staff onboard, but we are so happy for such an incredible voyage, with memories that will stay with us for a lifetime!

Total distance sailed on our voyage: 1,842 nm



On behalf of Oceanwide Expeditions, Captain Jan Dobrogowski , Expedition Leader Chloe Maréchal, Hotel Manager Jeroen William Barnes and all the crew and staff of M/V Hondius, it has been a pleasure travelling with you.

Kayaking

The first kayaking program of the Oceanwide Expeditions 2025-26 Antarctic season began in light winds and bright sunshine at Danco Island. An intrepid team of adventurers set forth in tandem kayaks to explore the icy waters of the Errera Channel, beneath the steep glaciated peaks of Rongé Island.

That same afternoon, our kayakers launched into Neko Harbour, following a 5km route to the head of the fiord, where we marvelled at the dramatic sight of enormous tidewater glaciers tumbling down from the jagged peaks of the Actowski Peninsula. Returning to our Hondius home, we celebrated the end of a remarkable day of Antarctic kayaking adventures.

The following day we embarked on an exploration of Palaver Point at Two Hummock Island. Colder overcast conditions offered a stark reminder of the harsh Antarctic environment, as we padded past Gentoo penguin colonies towards an isolated bay at the south end of the island. Here we encountered a sleeping Humpback whale, where we quietly observed the gentle rhythmic breathing of this giant cetacean.

In the Graham Passage that afternoon we witnessed the remarkable sight of a solitary juvenile Humpback whale lunge feeding within a few metres of our kayak fleet. Amid icy tidal currents, we watched in awe as this powerful animal swam beneath our kayaks, surfacing between us to scoop clouds of krill behind its baleen plates.

Our third day began at Brown Station, where we followed a route past resting Weddell seals and nesting Imperial cormorants into the grand glacial environment of Skontorp Bay. We slalomed between calved icebergs a safe distance from the terminal face of the tidewater glacier, before following an offshore route back to Hondius across the magnificent waters of Paradise Harbour.

Later that day a small team of paddlers explored the glacial landscape of Stony Point, where we encountered a resting Leopard seal on a small ice floe. We were able to approach this magnificent pinniped as it slept alone on its icy platform, sharing a remarkable experience with this beautiful creature, at home in its Antarctic environment.

Our final kayaking day took place in the South Shetland Islands - our morning paddle featured an exploration of Yankee Harbour on Greenwich Island, where we braved wind and cold to complete a circuit of the glacial bay beneath steep coastal hills.

The afternoon - our final kayaking adventure - brought a greatest challenge of the trip as we rounded Edinburgh Hill on Livingston Island. Riding impressive Southern Ocean swells, we admired the vertical

basalt columns of these dramatic imposing sea cliffs. Returning safely to Hondius, we reflected gratefully upon an unforgettable week of Antarctic sea kayaking adventures.



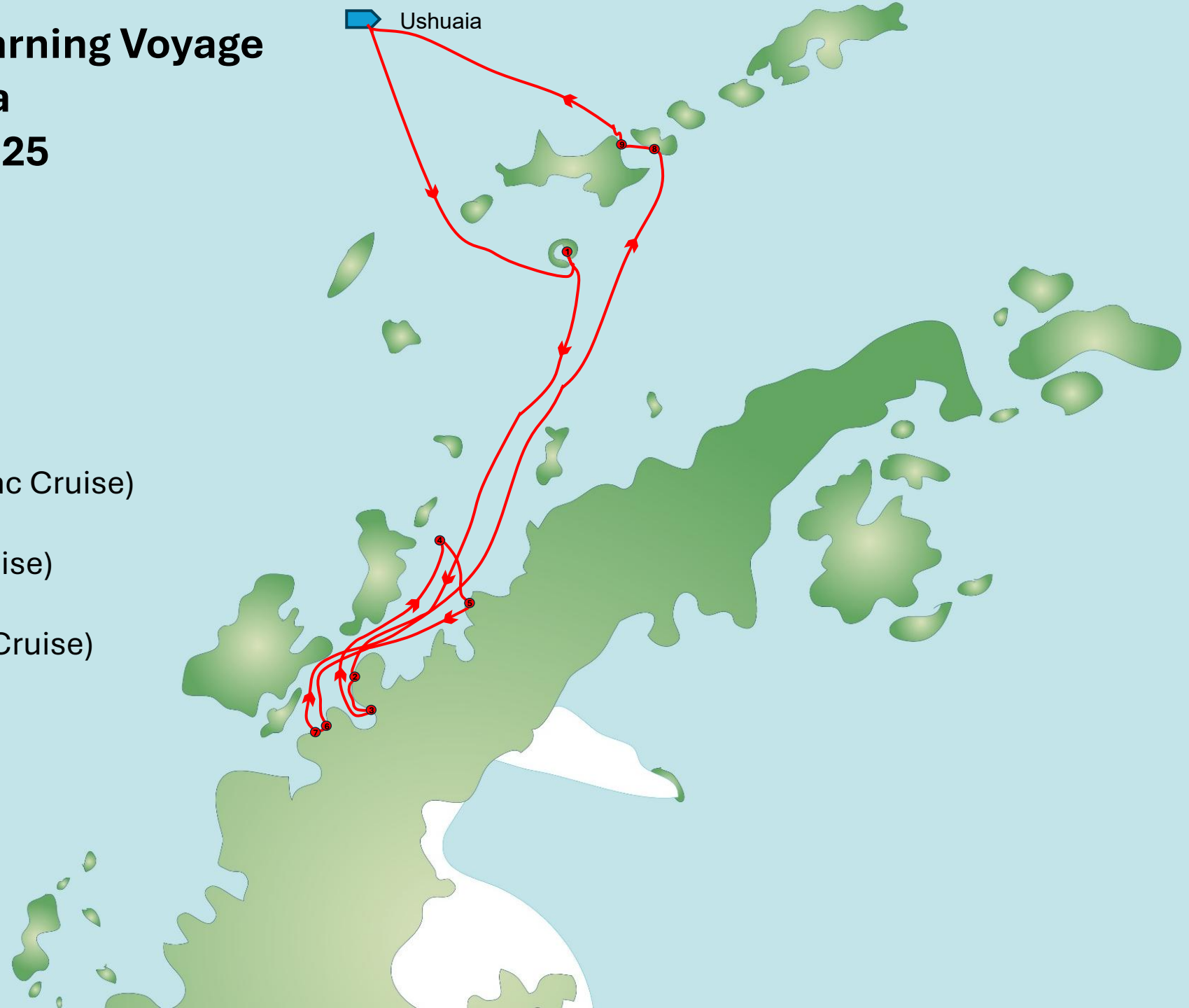
Discovery and Learning Voyage

Ushuaia – Ushuaia

17th – 27th Nov 2025

m/v Hondius

1. Whalers Bay
2. Danco Island
3. Neko Harbour
4. Palaver Point
5. Graham Passage (Zodiac Cruise)
6. Brown Station
7. Stony Point (Zodiac Cruise)
8. Yankee Harbour
9. Edinburgh Hill (Zodiac Cruise)



Chloé Maréchal – Expedition Leader



Chloé is a dedicated diver with an insatiable passion for marine life and exploration. Armed with a European master's degree in Marine Biodiversity and Conservation, she's on a mission to share her expertise and promote the conservation of the marine environment. But here's the twist—while everyone else is busy oohing and aahing over flashy dolphins and majestic whales, Chloé's heart belongs to the unsung heroes of the ocean—the often underrated world of plankton and the mysteries of unseen microbes. She's here to show that even the tiniest organisms can have big personalities!

In April 2013, Chloé's dedication and skills were recognized when she was chosen as the prestigious 2013-14 European Rolex Our World Underwater Scholar. This remarkable opportunity allowed her to work alongside renowned leaders in the fields of marine science and diving industry, providing her with diverse experiences and invaluable insights. During this transformative year, her first encounter with Antarctica left an indelible mark, igniting a lifelong passion for polar exploration.

Chloé isn't just a science nerd with a thing for plankton. She's an adventurous soul with an insatiable curiosity. She's dived across all continents, lived in 20 countries, and now sails on her 12-meter aluminum boat. Together with her partner she has recently crossed the challenging waters of the North Sea.

Currently, Chloé calls northern Norway her home, residing just above the polar circle. When not guiding, she explores underwater wonders, uncovers forgotten wrecks, and maps uncharted underwater caves. Her passion for the ocean, sailing, and work with Oceanwide Expeditions fuel her relentless pursuit of adventure.

中文

克洛伊是一位经验丰富的潜水员，她对海洋生物和探索海洋未知情有独钟，始终保持着澎湃的激情。克洛伊拥有“欧洲海洋生物多样性和保护”硕士学位，因而她也将专业知识的分享及促进海洋环境的保护视作一种使命。她的特殊还在于：当所有人都忙着为华丽的海豚和庞大的鲸鱼欢呼雀跃时，克洛伊更倾心于海洋中的无名英雄——那些被人遗忘的浮游生物和看不见的海洋微生物，她的研究和努力就是为了证明，即使是最小的生物也可以有伟大的个性！2013年4月，克洛伊的奉献精神和技能得到了世界的认可，被选为2013-14年度欧洲“我们的世界水下学者”。对克洛伊来说，这不仅是荣誉，更是一个特别的契机。之后，克洛伊便与海洋科学和潜水行业领域的知名领导者一起工作，工作的经历也为她提供了丰富的经验和宝贵的见解。在充满变数的一年里，她第一次与南极洲的邂逅，并留下了不可磨灭的印记，充斥了她一生对极地探索的热情。克洛伊不仅仅是一个对浮游生物感兴趣的“书呆子”，还是一个富有冒险精神的人，有着永不满足的好奇心。她在各大洲潜过水，并在世界的20多个国家居住过，也曾驾驶着12米长的铝制船航行，最近与她的伴侣一起穿越了充满挑战的北海水域。目前，克洛伊将挪威北部位于北极圈以北的地方视作她的家，当不做向导时，她会探索水下奇观，发现被遗忘的沉船，并绘制未知的水下洞穴地图。克洛伊对海洋、航海以及与泛海探险合作的热情延续了她对冒险的不懈追求。

Koen Hoekemeijer – Asst. Exp. Leader



Koen Hoekemeijer was born in 1974 in The Netherlands. When it comes to nature and wildlife Koen was quite a late bloomer as he had always been more into nightlife and sunny beaches. But that all changed when he discovered his passion for wildlife and photography in 2009 in Costa Rica. It was during this trip that Koen saw his first humpback whales and he fell in love with them instantly. Not only did it make him eager to see more and different types of whales in locations all over the world, but he also wanted to learn to take better photos of these amazing creatures. And with the love for whales

and photography, came a broader passion for all sorts of wildlife.

Since that memorable vacation in 2009, Koen has been travelling the planet to see and photograph the world's most beautiful places. Usually from boats, jeeps or simply face down in the mud, but since 2016 also underwater. Snorkeling in the presence of whales and orcas is bringing Koen pure happiness.

Among his favourite animals are whales, orcas, penguins, tigers and jaguars. But in between safaris, he also likes to do street photography and capture life and portraits of people all over the world.

Koen believes that travelling does not only enrich your life, it also makes you more humble, more appreciative and it provides new levels of perspective and understanding. Koen has won the prestigious WWF Frans Lanting Photo contest, and in 2020 he won the Ellen Fitzgibbon Memorial Photography competition. It's Koen's dream to one day have a Vizsla dog and own a small cabin somewhere in northern Norway surrounded by snow and trees ;).

Koen Jongerling –Asst. Exp.Leader



Having grown up in the Netherlands Koen always knew he wanted to live in a more rugged landscape than the rather flat lowlands that surrounded him. That is why after finishing his outdoor education in 2011, he chose to move to Patagonia, Chile to find the mountains he was longing for.

Combining his love for nature and the desire to learn more, he started guiding expeditions through the mountain ranges of Patagonia. Travelling back and forth to Europe for additional mountain courses - every time feeling more at home in the rough conditions of Patagonia. In 2017 he started his own guide company, introducing travelers to the beauty of Southern Chile.

Living in Puerto Natales he came to love the cold and extreme weather and after years of working in one of the most southern mountain ranges in the world, he could not stop looking further south to the great white continent, Antarctica.

中文

科恩在荷兰长大，但他一直向往生活在地型崎岖、地貌特殊的地方，绝非是低地国家的平原，这就成为为什么在2011年完成野外生存培训后，科恩选择搬到智利巴塔哥尼亚的缘由，因为这里有他向往并追寻的连绵起伏的山脉。

出于对自然的热爱和对未知世界的渴望，科恩带领探险队穿越巴塔哥尼亚的山脉。科恩也会往返欧洲参加额外的山地课程，助力他能更加自如地应对巴塔哥尼亚恶劣的气候条件。2017年，他创办了自己的导游公司，以专业的视角向游客展示智利南部的壮美风景。

生活在纳塔莱斯港的经历也让科恩爱上了寒冷和极端的天气，在这个世界最南端的山脉之一工作多年后，科恩开始向南探寻未知的白色大陆——南极洲。

Rose Li – Expedition Guide



Rose Li is an accomplished expedition professional with a diverse background in interior design, hospitality, and polar guiding.

Originating from China, she graduated from Wuhan College with a degree in Interior Design. Since 2014, her career has been dedicated to immersive travel, beginning on international cruise ships where she honed her skills as an Expedition Guide, VIP Services Executive, and Head Cruise Ambassador across Asia and Europe.

In 2018, Rose transitioned into the expedition industry, where her passion for geology and history became central to her role. She serves as a Polar Expedition Guide & Lecturer, captivating guests with insights into the earth's past and landscapes. Her versatile skill set also encompasses interpretation, Zodiac driving, and Guest Services Management.

An avid adventurer, Rose has visited over 50 countries. Outside of work, she channels her creativity and energy into skiing, and hosting. She is always looking forward to her next adventure and is committed to providing exceptional customer service while sharing the incredible journey of discovery with fellow travelers.

中文

Rose Li 是一位经验丰富的极地探险专业人士，兼具室内设计、酒店服务及极地导览的多元化背景。

她来自中国，毕业于武汉学院，获室内设计学位。自2014年起，她的职业生涯便致力于沉浸式旅行，最初在国际邮轮上担任VIP客户关系主管及邮轮大使主管，穿梭于亚洲欧洲各地，积累了丰富的服务与管理经验。

2018年，李玫瑰正式进入专业探险领域，她对于历史与地质学的热爱在此成为了工作的核心。作为极地探险向导和讲师，她通过讲述地球的过往与地貌的变迁，为旅客带来富有深度的体验。她的综合技能还包括口译、冲锋艇驾驶以及宾客服务管理。

作为一名狂热的探险者，Rose的足迹已遍布全球50多个国家。她始终期待着下一次冒险，并致力于提供卓越的客户服务，与同行旅客分享探索世界的无穷乐趣。

Alexander Romanovskiy – Exp.Guide



Aleksander Romanovskiy comes from Saint-Petersburg, the Northern capital of Russia. He was born in 1981. After having graduated from the boarding school Alexander entered Saint-Petersburg State University, where he spent 5 years studying physical geography, ecology, regional geography and international tourism. Afterwards he was working on his PhD thesis in Herzen State Pedagogical University of Russia, doing geoeological researches.

In the year of 2011 however, Alexander decided to pause his scientific career and start doing something completely different, which means working in tourism and traveling the world. He spent 2 seasons working as a trekking guide in Fann mountains (Tajikistan), 1 season on Novolazarevskaya Antarctic scientific station (Queen Maud Land, Antarctica) working as a member of a guesthouse crew.

Since February of 2012 most part of the year he spends on Svalbard. For five seasons in a row Alexander has been living and working as a guide in a ghost town of

Pyramiden. In 2016 a new page in Alexander's guiding career was opened: he started working as a naturalist guide on cruise ships in polar regions of the world – Svalbard and Antarctica.

3 to 4 months a year Alexander dedicates to his main passion – traveling the world. No public transport, no hotels, only hitch-hiking and staying overnight with locals or sleeping in a tent. This way he has already visited almost all Soviet republics, Middle East (Iran, Turkey), Asia (China), South America (Argentina, Chile, Paraguay), and it is hopefully far not the end! The world is big, friendly and interesting to explore!

中文

亚历山大·罗曼诺夫斯基来自俄罗斯北部首都圣彼得堡，他出生于1981年。从寄宿学校毕业后，亚历山大进入圣彼得堡国立大学，5年中，他学习了包括自然地理学、生态学、区域地理学和国际旅游在内的许多课程。随后，他在俄罗斯赫尔岑国立师范大学攻读博士学位，涉足地质生态学研究。

然而 2011 年，亚历山大决定暂停他的科研生涯，开始从事一些与研究完全不同的事情——环游世界。他在范恩山脉（塔吉克斯坦）担任了两个季节的徒步向导，在 Novolazarevskaya 南极科学站担任了一整个冬季的酒店工作人员。

自 2012 年 2 月起，亚历山大一年中的大部分时间都在斯瓦尔巴群岛度过。其中，亚历山大连续五个冬季都在皮拉米登，这个被俄罗斯政府废弃的城市生活和工作。2016年，亚历山大的导游生涯翻开了新的一页，他开始在世界极地地区——斯瓦尔巴群岛和南极洲的游轮上担任博物学家和导游。

每年，亚历山大有3 到 4 个月的时间仍致力于他的主要爱好——环游世界。没有公共交通，没有酒店，只能搭便车，与当地人一起过夜或睡在帐篷里，就这样他已经走遍了几乎所有的前苏联加盟共和国、中东（伊朗、土耳其）、亚洲（中国）、南美洲（阿根廷、智利、巴拉圭），但他的旅程还远没有结束，对亚历山大来说，世界很大，很友好，也很有趣，他将继续他的探索之旅。

Alexis Bellezze – Kayak Guide



Alexis Bellezze was born in San Luis, Argentina in 1973. He spent his childhood in the centre of the country, in a rural area, then moved to the city of Mendoza close to the Central Andes and studied in the Army High School where he fell in love with the mountains and the outdoors. Then moved to Cordoba where he spent 3 years in the Air Force Academy.

After that he moved to Italy where he worked and finished a paragliding course, then returned to Argentina to finish his studies as a Veterinarian. In 2006, he did a Residency in the ICU Service of the Large Animal Hospital of the Royal “Dick” Veterinary College in Edinburgh, Scotland. In 2006 and 2008 he did an internship as a veterinarian surgeon at Milano, Italy. Then he moved to Villa La Angostura, an isolated village in the middle of the Patagonian Lake District where he works as a veterinarian surgeon and runs a kayak company in the Nahuel Huapi National Park.

Since 2018 he works as a Polar Kayak Guide and Expedition Guide.

He has guided in the Antarctic Peninsula many times, reached the Antarctic Polar Circle, Fair Island, Jan Mayen, Svalbard, North Spitsbergen into the Pack Ice, circumnavigated Spitzbergen, West and East coast of Greenland, Canada, Iceland, Ibiza (Spain), Telluride (Colorado, USA) and many lakes in Patagonia. He travelled the south and north of Chile and Argentina as a Wilderness First Responder instructor working in different environments like the jungle of Paraguay, the Patagonian mountain range, the windy Patagonian estepa and the desert of Atacama.

Since 2014 Alexis is the owner and Director of endurance kayak expeditions based in Patagonia Argentina, offering multiple day kayak trips in this pristine area. He speaks fluently Spanish, Italian and English.

中文

亚历克西斯于 1973 年出生于阿根廷圣路易斯。他在该国中部的一个农村地区度过了童年，后来搬到了靠近中安第斯山脉的门多萨市，在陆军高中学习，在那里他爱上了山脉和户外。然后搬到了科尔多瓦，在空军学院学习了3年。

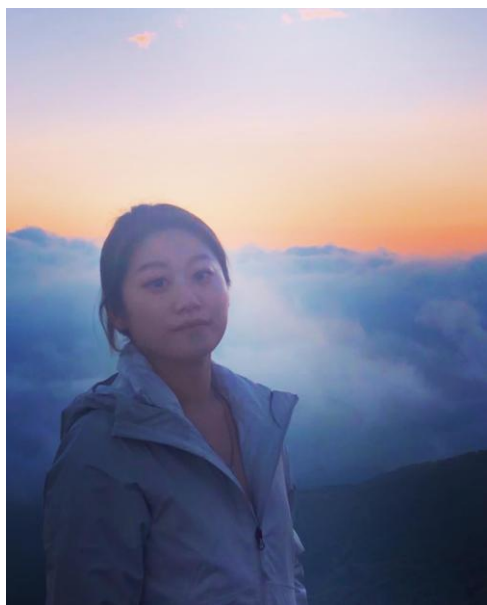
之后，他搬到了意大利，在那里工作并完成了滑翔伞课程，然后回到阿根廷完成兽医学业。2006年，他在苏格兰爱丁堡皇家“迪克”兽医学院大型动物医院的重症监护室担任住院医师。2006年和 2008年，他在意大利米兰担任兽医外科医生实习生。随后，他搬到了巴塔哥尼亚湖区中部的一个偏僻村庄 Villa La Angostura，在那里他担任兽医外科医生，并在纳韦尔瓦皮（Nahuel Huapi）国家公园经营一家皮划艇公司。

2018年以来，他一直担任极地皮划艇向导和探险向导。

他曾多次在南极半岛担任向导，也到达过南极极圈、费尔岛、扬马延岛、斯瓦尔巴群岛、北斯匹次卑尔根岛进入浮冰区，环游斯匹次卑尔根岛、格陵兰岛西海岸和东海岸、加拿大、冰岛、伊比沙岛（西班牙）、特柳赖德（美国科罗拉多州）和巴塔哥尼亚的许多湖泊。他曾作为荒野急救员教练游历智利和阿根廷的南部和北部，在巴拉圭丛林、巴塔哥尼亚山脉、多风的巴塔哥尼亚埃斯特帕和阿塔卡马沙漠等不同环境中工作。

自2014年以来，亚历克西斯是阿根廷巴塔哥尼亚耐力皮划艇探险队的老板兼总监，在这个原始地区提供多日皮划艇之旅。他能说流利的西班牙语、意大利语和英语。

Stella Yao - Translator



Stella Yao hails from Zhejiang, China. She is an outdoor enthusiast passionate about wildlife, marine ecosystems, and cross-cultural education. From scuba diving in Mozambique to tracking wildlife in Kenya and rehabilitating animals in Malawi, she brings curiosity and care to every environment she explores. A certified scuba instructor and Wilderness First Responder, Stella is fluent in Mandarin and English and enjoys sharing environmental knowledge with diverse audiences. Her experience includes assisting with marine research, leading dive and snorkel trips, and supporting animal rehabilitation efforts. Whether underwater or in the savannah, Stella is committed to learning from nature and contributing to conservation efforts through hands-on involvement and education. She started traveling globally at the beginning of last year. Before that, she

worked in environmental NGOs and sustainable investment in New York City.

姚羽帆来自中国浙江。她是一位热爱户外的探索者，对野生动物、海洋生态与跨文化教育充满热情。从莫桑比克的深潜，到肯尼亚的野生动物追踪，再到马拉维的动物救护，她在每一次旅程中都以好奇与关怀投入自然之中。

作为认证的水肺潜水教练和荒野急救员，**Stella** 喜欢与来自不同文化背景的游客分享环境知识。她的经历包括协助海洋研究、带领潜水与浮潜行程，以及参与动物康复工作。

无论是在海底世界，还是在辽阔的草原上，**Stella** 都致力于向自然学习，并通过亲身实践与教育，为生态保育贡献力量。

她从去年年初开始在全球旅行。在此之前，她曾在纽约市的环境非政府组织和可持续投资领域工作。

Lucia Romero – Expedition Guide



Lucia is an extroverted and curious person always looking for new challenges and experiences worldwide.

Born and raised in Puerto Madryn, a small town of Argentinian Patagonia coast, she grew up surrounded by marine wildlife and outdoor lifestyle. This led her to choose her career, with a bachelor degree in hospitality and tourism and becoming a professional tour guide and kayak guide.

She loves sharing her passion for exploration, learning, discovering, conservation and wildlife.

With over 12 years of experience on leading groups around Patagonia, she is now focusing on the wonders and biodiversity of the polar environments.

中文

露西娅·罗梅罗（Lucia Romero）是一个外向的且充满好奇心的人，总是在世界各地寻找新的挑战 and 经历。

她在阿根廷巴塔哥尼亚海岸的一个小镇马德林港出生和长大，在海洋野生动物和户外生活方式的包围下长大。这促使她选择了自己的职业走向，获得了酒店和旅游学士学位，并成为一名专业导游和皮划艇向导。

她喜欢分享她对探索、学习、发现、保护和野生动物的热情。

她拥有超过 12 年带队巴塔哥尼亚旅行的经验，现在专注于极地环境的奇观和生物多样性。

Juan Berenstein – Expedition Guide



Juan is a professional photographer and drone pilot born in Ushuaia, Argentina and is a Zodiac driver, expedition and photography guide.

He is a young and highly motivated person, who loves enjoying the outdoors and being in the mountains. His hobbies are hiking, FPV drone flying and photography.

His passion for nature started at an early age with his family, who enjoyed the weekends camping at the end of the world and travelling around the country on holidays.

He studied photography in Buenos Aires and decided to return to his hometown to start his career and develop an independent way of life.

Juan has been working in the polar regions for several years now, including Antarctica, South Georgia, Falkland Islands, Svalbard, Greenland, and the Great Lakes in North America.

中文

胡安·贝伦斯坦（Juan Berenstein）是一位出生于阿根廷乌斯怀亚的专业摄影师和无人机飞行员，也是冲锋舟驾驶员、探险队员和摄影向导。

他是一个年轻且积极进取的人，喜欢享受户外活动和山里的时光。他的爱好是户外徒步、FPV 无人机飞行和摄影。

他对自然的热情源于从很小的时候，他的家人给他的户外启蒙，他们喜欢周末在世界的尽头露营，并在假期环游全国。

他在布宜诺斯艾利斯学习摄影，但最后决定回到他的家乡开始自己的职业生涯并发展独立的生活方式。

胡安多年来一直在极地地区工作，包括南极洲、南乔治亚岛、福克兰群岛、斯瓦尔巴群岛、格陵兰岛和北美五大湖。

Nick Cunliffe – Lead Kayak Guide



Nick is a professional sea kayak guide in North Wales, United Kingdom. He has been paddling for about 30 years and owes many rewarding experiences to his involvement in sea kayaking. This is Nick's second Antarctic season with Oceanwide Expeditions - he is excited to share his developing knowledge of this remarkable coastal environment. Nick's background in sea kayaking spans 30 years and includes many expedition sea kayaking experiences: Arctic Norway Lofoten islands outer coast:

Å to Svolvær Chilean Patagonia Chonos archipelago / San Rafael glacier British Columbia Mainland coast / Vancouver Island W coast SE Alaska Sitka to Glacier Bay / Admiralty Island Nick has also led many sea kayaking expeditions in Scotland's Outer Hebrides. Personal highlights include the Barra island group, St Kilda archipelago, and the isle of Skye. In addition to wilderness sea kayaking, Nick loves to explore mountain environments, as a skier and climber in the European Alps. Closer to home, Wales' Snowdonia peaks remain a personal favourite playground. Nick loves to share the

experience of exploring wilderness places, and encountering coastal & marine life in its natural environments. He places great value on the rewards that such encounters can offer - the Antarctic Peninsula provides these experiences in abundance. Nick looks forward to sharing unforgettable Antarctic experiences with his Oceanwide Expeditions guests.

中文

尼克·坎里夫 (Nick Cunliffe) 是英国北威尔士的专业海上皮划艇向导，从事这项运动约30年，拥有丰富的海上皮划艇经验。这是尼克加入Oceanwide探险队的第二个南极季，他很高兴能与大家分享这片独特沿海环境的相关知识。尼克在海上皮划艇领域拥有 30 年的经验，并拥有多次海上皮划艇探险经历：北极挪威罗弗敦群岛外海岸：

A镇到斯沃尔韦尔 智利巴塔哥尼亚乔诺斯群岛 / 圣拉斐尔冰川 不列颠哥伦比亚省大陆海岸 / 温哥华岛西海岸 阿拉斯加东南部 锡特卡至冰川湾 / 阿德默勒尔蒂岛 尼克还在苏格兰赫布里底群岛外数次带队海上皮划艇探险。个人亮点包括巴拉岛群、圣基尔达群岛和斯凯小岛。除了荒野海上皮划艇之外，尼克还喜欢探索山区环境，是欧洲阿尔卑斯山的滑雪和登山常客。言归正传，威尔士的斯诺登尼亚山峰仍然是个人最喜欢的游乐场。尼克喜欢分享探索荒野、在自然环境中邂逅沿海海洋生物的经历。他非常重视此类奇遇所带来的惊艳回馈——而南极半岛可以提供丰富的此类体验。尼克非常期待与各位贵宾分享难忘的南极经历。

Andy Perkins – Mountain Guide



Andy Perkins is an IFMGA mountain guide living in Chamonix at the foot of Mont Blanc, western Europe's highest mountain. He has been climbing and skiing since he was a teenager and has worked as a qualified mountain guide for over twenty years.

His "normal" work is as a guide in the European Alps. In the summer he guides climbing and mountaineering clients from all over the world. In winter he works with off piste skiers in and around lift-served ski resorts and by using ski touring equipment to access more remote spots. It's in that capacity that he discovered the magical combination of mountains and ocean, initially through ski sail trips in Arctic Norway. He has pursued that fabulous formula with trips to Iceland and Greenland over recent years.

Here are three highlights from his mountain experience:

1. 17 days on Cerro Kishtwar's north face in the Indian Himalaya. Intensity of experience is his goal in personal climbing, and this one had it in spades.

2. rescues on Denali, the second of which earned him the Denali Pro Award and an Award for Bravery from the US Department of the Interior.

3. Skiing in Arctic Norway with his wife Lise, 60 years after his dad was pioneering there in the 1950's. Mountains run in the family!

He speaks fluent English and French and basic German and Italian.

His aim as a guide is to share his love of the wild places of the world and to maximise his clients' potential - to exceed their expectations of what they're capable of. This often means taking on new skills as well as sharpening existing ones. The big grins when someone finally "gets it", whether skiing or climbing, makes his job as a guide a real joy.

中文

安迪-帕金斯 (Andy Perkins) 是一名 IFMGA 登山向导，居住在西欧最高峰勃朗峰脚下的霞慕尼。他从十几岁起就开始登山和滑雪，作为一名合格的登山向导已经工作了二十多年。

他的“正常”工作是在欧洲阿尔卑斯山担任向导。夏季，他为来自世界各地的攀岩和登山客户提供向导服务。冬季，他在有缆车服务的滑雪胜地及其周边地区为非滑雪道滑雪者提供服务，并使用滑雪旅行设备前往更偏远的地点。最初，他通过在挪威北极地区的滑雪帆船旅行，发现了高山与海洋的神奇结合。近年来，他又前往冰岛和格陵兰岛，继续探索这一奇妙的组合。

以下是他登山经历中的三个亮点：

- 在印度喜马拉雅山 Cerro Kishtwar 北坡攀登 17 天。高强度的体验是他个人攀登的目标，而这次攀登则充分体现了这一点。

- 在德纳利山进行了两次救援，其中第二次救援为他赢得了德纳利专业奖和美国内政部颁发的勇敢奖。

- 上世纪 50 年代，他的父亲在挪威北极地区开荒，60 年后，他和妻子莉萨一起在那里滑雪。山区是他的家族传统！

他能说流利的英语和法语，以及基本的德语和意大利语。

作为一名向导，他的目标是与客户分享他对世界荒野的热爱，最大限度地挖掘客户的潜能——超越他们对自己能力的期望。这往往意味着要掌握新的技能，同时磨练现有的技能。无论是滑雪还是登山，当有人终于“领悟”时，他都会咧嘴大笑，这让他的向导工作充满了乐趣。

Emily Clarke – Expedition Guide



Emily grew up by the ocean and has always found it a source of inspiration and wonder. She has a strong sense of adventure and embraces opportunities whenever they arise, which has resulted in some amazing journeys.

A passion for wildlife conservation, travel and working with people has led her to work onboard expedition vessels.

Familiar with life at sea, Emily divides her time between two fairly different roles. The first as an expedition guide, and the second as a Marine Mammal Observer in the oil and gas industry, working onboard seismic vessels; protecting marine mammals from anthropogenic sound sources in the ocean.

Emily has over 15 years' experience working with wildlife, both in natural habitats and in rehabilitation.

She has spent over ten years working with gorillas, which saw her travel to remote parts of Africa collecting data on wild gorillas, and taking part in conservation and community development projects addressing human-wildlife conflicts.

During her time off, Emily enjoys paddle boarding, kayaking and diving, in-between preparing her latest lectures and planning her next adventure.

艾米丽在海边长大，海洋始终是她灵感与奇迹的源泉。她内心充满强烈的冒险精神，并总是乐于拥抱机遇，这让她踏上了一段段精彩的旅程。

对野生动物保护、旅行以及与人协作的热爱，最终引领她登上了探险船，将志趣发展为事业。

早已熟悉海上生活的艾米丽，身兼两个截然不同的角色。其一是作为探险

领队；其二则是在石油天然气行业担任海洋哺乳动物观察员，工作在震测船上，负责保护海洋哺乳动物免受人为声源的伤害。

艾米丽在与野生动物打交道方面拥有超过 15 年的经验，工作场景既包括自然栖息地，也涉及救助康复。她曾花费十余年时间致力于大猩猩保护，为此深入非洲偏远地区，收集野生大猩猩的数据，并参与解决人兽冲突的保护与社区发展项目。

在工作的间歇，艾米丽喜欢通过立式划桨、皮划艇和潜水来放松身心

，同时也忙于准备最新的讲座和规划她的下一次冒险。

Ali Liddle – Expedition Leader



Originally from the UK, Ali spent 15 years living in the Falkland Islands where she worked as a Primary school teacher both teaching out in 'camp' and at the school in Stanley.

Latterly, she was employed as Education Officer for Falklands Conservation and shared her time between classroom teaching and conservation. In 1997, she spent 9 months living on South Georgia where she ran the Post Office and took every opportunity to hike, ski and explore the surrounding peaks and coastline.

She has published three books to date: *Plants of the Falkland Islands* and two art and craft books for children using penguins and albatross as the inspiration. Ali is a keen runner, having completed three marathons in the Falkland Islands and two in the UK, and she also enjoys cycling, hiking and camping. Ali has been working on Antarctic and Arctic expedition cruises with Oceanwide for more years than she cares to remember and works on all of the Oceanwide vessels at some point during the year. She has recently relocated from Northumberland to the Isle of Skye where she is renovating a cottage and enjoying the hiking opportunities of the island.

Her particular interest is natural history and the wildlife, and she enjoys sharing her knowledge of and passion for the polar regions.

Valeria Sainz Herrera – Exp. guide



Valeria Sainz Herrera is an Argentine photographer. She grew up in Buenos Aires, capital of Argentina. Throughout the years she has found that one of her greatest passions is to travel to the wildest and remotest places around the world. So, traveling as much as she could, she found in the photography, a profession that gives her the freedom to know and live in different locations.

Nowadays she spends her life between “the poles”, working as a guide for Oceanwide Expeditions, and during the rest of the year you could find her in a beautiful island names Ilhabela in Brazil, working in tourism area.

Living in different countries allows her to learn and practice many activities that she enjoys, especially in natural environments, like rock climbing and skiing in the Argentinian Patagonian Andes or camping and hiking in the central region of Argentina and, in Brazil, she learned other kinds of sports like scuba diving, kayaking and sailing.

She is also particularly interested in the history of the expeditions that discovered and mapped some of the places we are about to visit. This gives her the chance to share fascinating stories on board.

The Antarctic and The Arctic were always a dream of her, and now are part of her life.

中文

瓦莱里娅（Valeria Sainz Herrera）是阿根廷摄影师。她在阿根廷首都布宜诺斯艾利斯长大。多年来，她发现自己最大的爱好之一就是到世界各地最荒凉、最偏远的地方旅行。因此，在尽可能多的旅行中，她发现摄影是一个能让她自由了解和生活在不同地方的职业。

如今，她在“两极”之间生活，为 Oceanwide Expeditions 担任向导，其余时间则在巴西一个名叫 Ilhabela 的美丽小岛上从事旅游工作。

在不同国家的生活让她学习和实践了许多她喜欢的活动，尤其是在自然环境中，比如在阿根廷巴塔哥尼亚安第斯山脉攀岩和滑雪，或者在阿根廷中部地区露营和远足，在巴西，她还学习了潜水、皮划艇和帆船等其他运动。

她还对我们即将拜访的目的地的探险史和地图绘制历史感兴趣。这让她有机会在船上分享精彩的故事。

南极和北极一直是她的梦想，现在已成为她生活的一部分。

Marcelo Tarapow – Expedition Guide



Marcelo Tarapow has a Master's degree in Social Sciences, specialized in History from the National University of Quilmes, retired Rear Admiral of the Argentine Navy, Honorary Professor at the Nikola Vaptsarov Academy (Bulgaria) and Graduate in Naval Systems.

He participated in twelve expeditions to Antarctica between 1988 and 2017, occupying different roles until being the leader on his last two occasions, spending around 900 days in Antarctic activity.

He has also carried out studies in Environmental Preservation, Climate Change, Energy Efficiency and Tourism.

He has been a professor in pre-Antarctic courses taught in Argentina, Colombia and Bulgaria, especially on navigation, meteorology, the Antarctic Treaty and the Madrid Protocol.

He is the President of the Academy of Antarctica, a lecturer and researcher especially on topics related to the White Continent, having presented on historical

Antarctic expeditions in Argentina, Belgium, Bulgaria, Colombia, France and Romania.

He is a member of the Council at Polar Educators International for the 2024-2025 biennium.

His main hobbies are swimming, cycling, tango, reading, an enthusiastic collector of ancient objects linked to Antarctic history and an amateur photographer.

Always ready to learn from other cultures, listen to stories, passionately share their experiences and care for the environment.

中文

马塞罗·塔拉波 (Marcelo Tarapow) 拥有基尔梅斯国立大学社会科学历史学硕士学位，阿根廷海军退役少将、尼古拉·瓦普萨罗夫学院（保加利亚）名誉教授和海军系统毕业生。

在1988年至2017年间，他参加了12次南极探险，担任过不同的职务，直到最后两次担任了探险队长，在南极的活动时长大约900天。

他还进行了对环境保护、气候变化、能源效率和旅游方面的研究。

他曾在阿根廷、哥伦比亚和保加利亚担任南极行前课程教授，特别是航海、气象学、南极条约和马德里议定书方面的课程。

他是南极学院院长，也是讲师和研究员，特别是与白色大陆相关的主题，曾在阿根廷、比利时、保加利亚、哥伦比亚、法国和罗马尼亚介绍过历史上的南极探险活动。

他是 2024-2025 年双年度极地教育者国际理事会成员。

他的主要爱好是游泳、骑行、探戈、阅读，还是与南极历史有关的文物收藏家，也是一名业余摄影师。

随时准备学习其他文化，聆听故事，热情分享他们的经验并关心环境。

Enric Sangra Modol – Exp. Guide



“连接科学与大众”——这正是恩里克的使命。

他持有瓦伦西亚国际大学的科学传播硕士学位，以及巴塞罗那大学的地质学学士学位。作为西班牙多家研究机构的资深科学传播者，他与研究人员紧密合作，有效地将他们的科学发现传递给公众。恩里克热衷于让地球科学变得通俗易懂。他致力于弥合研究人员与社会

大众之间的鸿沟，将复杂的科学成果转化为清晰而引人入胜的信息。凭借此专长，他成功入选西班牙国家级科学独白竞赛“科学独白”全国十强，该赛事汇聚了西班牙顶尖的科学传播者。

恩里克的专业知识涵盖从地质学到环境议题的广泛地球科学领域。他对能在极地担任向导感到无比兴奋——那里古老的地层、富含陨石的地区以及冰川地貌等独特地质特征，为解读地球历史提供了无价的视角。通过讲述这些遥远之地的迷人故事，恩里克将地球的地质历史生动地呈现出来，让科学对每一位听众而言都变得平易近人且趣味横生。

恩里克的爱好始终与户外运动相关，包括阿尔卑斯式登山、登山、徒步、攀岩、越野跑和野雪滑雪。他最钟爱的地点位于加泰罗尼亚和阿拉贡的比利牛斯山脉，并曾在冬季成功登顶该山脉最高峰阿内托峰。

关于地质学的任何问题，尤其是“石英”相关的问题，他都能给您最精彩的解答。

Andrew Crowder – Expedition Guide



Andrew is an experienced naturalist with a life long history of observation, study and sheer enjoyment of wildlife. His interest in natural history started as a young boy watching birds and they remain his first passion. Focusing mainly on Western Palearctic species, he has travelled extensively and accrued a wealth of knowledge. As part of that journey of discovery, he has also developed self-taught skills in wildlife photography.

Andrew has always been drawn to the sea and is a CMAS Class 2/BSAC qualified Advanced Scuba Diver; he has had the privilege of experiencing incredible marine life which few others get to see. Time spent exploring the underwater world helped spawn his other main interest: cetaceans. Andrew has over twenty years of experience with these amazing animals, undertaking scientific surveys and guiding on cruise ships in UK, European and Polar waters.

Andrew recognizes the powerful emotional reaction in humans when they have amazing wildlife encounters. He uses his knowledge and enthusiasm to help more

people share such inspirational experiences and thereby promote the conservation of our precious natural world.

中文

安德鲁是一位经验丰富的博物学家，善于观察的他，对研究野生动物充满乐趣。他对自然历史的兴趣始于他的孩童时期，那时候，安德鲁就喜欢观察鸟类，对现在的他来说鸟类仍然是他的第一爱好。他主要关注古北界（欧洲大陆，喜马拉雅山脉以北的区域，非洲北部以及阿拉伯半岛的中北部）西部的物种，丰富的游历经历加上广泛收集，让他积累了丰富的知识。安德鲁还自学了野生动物摄影技能，摄影为他的发现之旅增添了更多的乐趣和色彩。

安德鲁一直对大海着迷，他也是 CMAS 2 级/BSAC 合格级的高级水肺潜水员，因此安德鲁也有幸体验了与珍稀的海洋生物亲密的接触，而这些生物对其他人而言，可能连见都没见过。在探索水下世界的过程中，安德鲁产生了另一个主要兴趣，那就是探索鲸类，安德鲁认识到，当人类遇到这些神奇的野生动物时，他们会产生强烈的情绪反应。

二十多年来，安德鲁积攒并拥有与这些神奇动物打交道的经验，让他在英国、欧洲和极地水域的游轮上，可以参与更多的科学调查和指导。安德鲁用自己的知识和热情感染更多的人，分享他丰富多彩的经历的同时，促进人类对珍贵动物和自然环境的保护。

Matt Cheok – Expedition Guide



马特是一位来自澳大利亚悉尼的探险摄影师与摄像师。

他的工作足迹遍及地球上一些最偏远、最迷人的目的地——从南极洲、斯瓦尔巴群岛和格陵兰的极地地区，到雄伟的非洲稀树草原、中亚的内陆草原国度，以及南美洲的崎岖山脉。

在南极洲，马特最喜爱的拍摄对象是活泼的巴布亚企鹅，以及晚霞映照下壮丽的极地风光。

作为一名摄影教育者，马特乐于与同行的旅伴分享他的专业知识，并激励他们与自然世界建立联结。

马特的职业道路充满惊喜。他曾在悉尼担任商业与保险律师，但如今的他更为自己能够投身于对摄影和探险的热爱而感到欣喜。

在不担任领队时，马特大部分时间都在露营、长途徒步、品尝大量的比乐蒂咖啡以及探索户外世界中度过，他最近才从塔吉克斯坦的范山脉归来。

在船上，您总会发现马特在甲板上，相机不离手。请随时向他请教任何摄影问题，或者只是来一场友好的交谈。

Frank Shi – Translator



experiences and engage in conversations.

Frank Shi, also known as Jingjing Shi, is a seasoned translator and free diving instructor. Graduating from Concordia University in Montreal, Canada, Frank has extensive work and life experience in English-speaking environments. He has served as a resident instructor in Moalboal, Philippines; Saipan, USA; and Bali, Indonesia, and won the bronze medal in the free diving Asian Cup's no-fins category in 2019. Frank has a deep passion for nature and wildlife, having grown up watching various wildlife documentaries, from Discovery Channel to the 2024 National Geographic production "The Queen of Nature," which he has watched multiple times. He particularly admires two narrators, China's Zhao Zhongxiang and the UK's Sir David Attenborough. As a translator, Frank is dedicated to helping the team overcome language barriers and ensuring smooth communication. Additionally, Frank is an avid fitness and outdoor enthusiast with years of Crossfit training experience. He enjoys surfing, skiing, hiking, and motorcycle touring, having logged over 30,000 kilometers on his rides. Whether at work or during leisure time, Frank is always eager to share his

中文

史泾京，英文名Frank，是一位经验丰富的翻译和自由潜水教练。他毕业于加拿大蒙特利尔的康考迪亚大学，拥有在英语环境多年的工作和生活经验。史泾京曾在菲律宾墨宝、美国塞班岛和印度尼西亚巴厘岛担任驻店教练，并在2019年自由潜亚洲杯中获得无蹼项目季军。他对自然和野生动物有着深厚的热爱，从小喜欢观看各类野生动物纪录片，从探索栏目到2024年国家地理拍摄的《大自然的女王》，他都曾反复观看。他特别欣赏两位配音大师，中国的赵忠祥老师和英国的大卫爱登堡爵士。作为翻译，他致力于帮助团队消除语言障碍，确保沟通顺畅。此外，史泾京还是一位健身和户外运动爱好者，拥有多年Crossfit训练经历，热衷于冲浪、滑雪、徒步和摩托车旅行，累计骑行里程超过3万公里。无论是在工作中还是闲暇时，他都乐于与大家分享经验和交流。

WELCOME ABOARD!

Luggage will be delivered to your cabin. Please check to make sure you have received all your luggage. If you have any extra luggage in your cabin – please notify a crew member.

*** * Tea and coffee are always available in the lounge on deck 5 * ***

±1715 **Safety briefing** - Please join us in the **lounge** (deck 5, forward) for a welcome to the voyage, followed by a **mandatory** safety briefing and lifeboat drill.

Lifeboat Drill

All guests accommodated on Deck 3 (Cabins 301-337) will go to MUSTER STATION A which is the **Restaurant** on Deck 4

All guests accommodated on decks 4, 6, and 7 will go to MUSTER STATION B which is the **Observation Lounge** on Deck 5

±1800 **Departure from Ushuaia.**
The bridge will be closed during these operations.

1830 **Expedition Introduction & Captain's Welcome** – Please join us in the **lounge** (deck 5) for an introduction to the expedition, a welcome to your new home from the Hotel manager, the captain's toast and to meet your expedition team.

1930 **Buffer dinner** is served in the **dining room** (deck 4)

±2045 **Zodiac safety briefing** - Please join us in the lounge (Deck 5) for a mandatory safety briefing about our zodiac operations.

We will sail into open sea this evening and the ship may move – please secure your belongings and be careful when moving around the ship.

Take your seasickness medication before we head out into open sea- the doctor will be available in the lounge after dinner to assist.

0745 **Wakeup call** - Good Morning!

0800 **Breakfast** is served in the **dining room** (deck 4).

We will arrange you in Groups for this voyage. Please check the lists on the notice board at Reception to find out which group you are in.

0935 **Muck Boots** - We will call you by colour group to collect your Muck boots from the boot room on **deck 3**. *Please bring your thick socks to make sure you have the perfect fit! **Please listen for announcements.***

1045 **Lecture** – Please meet Marcelo in the lounge. He's going to talk about Isla de los Estados, the remote island at the eastern tip of Argentina known for its dramatic landscapes.

1230 **Lunch** will be served in the **dining room** (deck 4).

Expedition afternoon

In the afternoon we hope to offer a zodiac cruise along the shore of Isla de los Estados but this will depend on the weather and sea conditions we find when we get there. Please listen for announcements regarding our activity. **Please dress warmly and with waterproof clothing.**

1815 **Recap** – Please join the Expedition team in the lounge (deck 5) for our first daily recap and briefing.

1900 **Dinner** is served in the **dining room** (deck 4) – *Tonight's dinner will be plated – please make your way to the dining room promptly.*

Please walk slowly on the ship, never rush. Keep one hand for yourself but at least one hand for the ship. Shut all doors firmly and keep fingers away from door frames.

- 0745 **Wakeup call** - Good Morning!
- 0800 **Breakfast** is served in the **dining room**.
- 0915 **IAATO Briefing** - Please join us in the **lounge** for our **mandatory** IAATO briefings.
- 1115 Please meet **Andrew** and **Emily** in **the lounge**! They'll talk about exciting **citizen science** projects you can contribute to in Antarctica.
- 1230 **Lunch** is served in the **dining room**.
- 1345 **Kayak Briefing:** Please meet **Nick** and **Alexis** in the **Lecture room** for a kayak safety briefing. This is a mandatory briefing for passengers who have pre-booked this activity.
- 1500 Please join **Enric** in **the lecture room** for a lecture about **Antarctic geology**. Did you know that Antarctica is the fifth-largest continent, covering about 14 million square kilometres, roughly twice the size of Australia? This Lecture will be held in English. Rose will give a lecture about the same topic in the Lounge.
- 1630 Antarctica is the last continent to be reached by humans. Its discovery was only possible by many fascinating journeys. To know more about it please join **Koen** (KJ) in **the lounge** for an enthusiastic lecture about **Antarctic history**.
- 1815 **Recap** – Please join the Expedition Team in **the lounge** (deck 5) for our daily recap and briefing.
- 1900 **Dinner** is served in the **dining room**

“There must be a beginning of any great matter, but the continuing unto the end until it be thoroughly finished yields the true glory” - Francis Drake

0745 **Wake up call.** Good morning!

0800 **Breakfast** is served in the **dining room**.

*In the morning, we'll begin with a lecture before proceeding to our biosecurity check. During the biosecurity check, **we encourage you to enjoy the outside deck or visit the bridge**, where **Emily and Andrew** will conduct **a cetacean survey!** Meanwhile, **Matt and Juan** will be leading **a bird photography workshop on deck**.*

0915 Join **Ali** in the **Lounge** to know everything about penguins!

1015 **Kayakers:** Please join Nick and Alexis at the shell doors to pick up your kayaking equipment.

1030 **Biosecurity check:** We want to prevent the intrusion of invasive species in Antarctica. Therefore, we kindly ask you to ensure that all belongings you wish to bring ashore are clean. **Once cleaned, please bring your outer layers, backpack, life jackets, boots, tripods, and poles to the lounge for inspection.** After the inspection is complete, you will need to sign an IAATO document. **We will call you by deck, so please listen for announcements.**

1230 **Lunch** will be served in the **dining room**.

*In the middle of the afternoon, we aim to reach **Deception Island** and visit **Whalers Bay**, located within the flooded caldera of this **active volcano**. This historic site features the remains of an early 20th-century whaling station, including old oil tanks, abandoned buildings, and whale bones along the black volcanic beach. **Please listen for announcement concerning timing.***

The first group will come ashore while the second group cruises. We will swap groups halfway through the afternoon.

+/- 1330 We will be sailing inside the caldera through Neptune's window. We encourage you to be outside to enjoy the scenery.

+/- 1430 **The Gentoo** - Please come to the **zodiac boarding area to go ashore.**

+/- 1445 **The krill** - Please come to the **zodiac boarding area to cruise.**

+/- 1500 **Kayakers** - Please come to the **zodiac boarding area.**

1930 **Buffet dinner** served in the **dining room**.

"Difficulties are just things to overcome, after all." - Ernest Shackleton

0645 **Wake up call.** Good morning!

0700 **Breakfast** is served in the **dining room**.

In the morning, we aim to land and cruise at Danco island, a small but scenic island in the Errera Channel. This peaceful spot offers excellent opportunities to observe gentoo penguins, which nest here in large numbers during the breeding season.

0815 **The krill** - Please come to the **zodiac boarding area** for a landing.

0830 **The Gentoo** - Please come to the **zodiac boarding area** for a cruise.

0845 **Kayakers** - Please come to the **zodiac boarding area**.

1230 **Lunch** will be served in the **dining room**.

In the Afternoon we aim to land and zodiac cruise at Neko harbour. This is one of the few places where you can walk on mainland Antarctica. Watch for gentoo penguins and listen for the loud cracking sounds of ice breaking off the glaciers.

1415 **The Gentoo** - Please come to the **zodiac boarding area** for a landing.

1430 **The krill** - Please come to the **zodiac boarding area** for a cruise.

1445 **Kayakers** - Please come to the **zodiac boarding area**.

1815 **Recap** – Please join the expedition team in **the lounge** for our daily recap.

1900 **Buffet dinner** served in the **dining room**.

- 0645 **Wake up call.** Good morning!
- 0700 **Breakfast** is served in the **dining room**.

Timing is subject to change as we are an expedition so, please listen to the announcements.

In the morning, we aim to land and cruise at Palaver Point. This rocky headland is home to a Chinstrap penguin colony.

- /+0830 **The krill** - Please come to the **zodiac boarding area**.
-/+0845 **The Gentoo** - Please come to the **zodiac boarding area**.
-/+0900 **Kayakers** - Please come to the **zodiac boarding area**.

- 1230 **Lunch** will be served in the **dining room**.

In the afternoon, we aim to cruise at Graham Passage. Graham Passage is a narrow, glaciated channel in Antarctica separating Murray Island from the Pefaur (Ventimiglia) Peninsula on the west coast of the Antarctic Peninsula.

- +/-1430 **The Gentoo** - Please come to the **zodiac boarding area**.
+/-1445 **The krill** - Please come to the **zodiac boarding area**.
+/-1500 **Kayakers** - Please come to the **zodiac boarding area**.

- 1815 **Recap** – Please join the expedition team in **the lounge** for our daily recap.

- 1900 **A special Arctic dinner is served at a very special place ;).**



"Adventure is just bad planning."
— Roald Amundsen

0645 **Wake up call.** Good morning!
0700 **Breakfast** is served in the **dining room**.

As we are on an expedition, timing may be affected by navigation, ice, weather, and wildlife. Please be flexible and listen for announcements.

In the morning, we aim to land and cruise at Brown Station. This Argentine scientific research station, established in 1951, sits on the rocky shores of Paradise Harbour and serves as an active base for studying Antarctic geology, glaciology, and marine biology.

± 0830 **The krill** - Please come to the **zodiac boarding area**.
± 0845 **The Gentoo** - Please come to the **zodiac boarding area**.
± 0900 **Kayakers** - Please come to the **zodiac boarding area**.

1230 **Lunch** will be served in the **dining room**.

*In the afternoon, we will offer a landing and cruise at Stony Point, a location with beautiful Antarctic views. For the bravest among you, we will offer a polar plunge at the end of the landing! Please wear your swimwear underneath your clothing. We will provide towels, so please **do not** bring the towel from your room.*

± 1430 **The Gentoo** - Please come to the **zodiac boarding area**.
± 1445 **The krill** - Please come to the **zodiac boarding area**.
± 1500 **Kayakers** - Please come to the **zodiac boarding area**.

1830 **Recap** – Please join the expedition team in the **lounge** for our daily recap.
1900 **Buffet dinner** served in the **dining room**.



"Why, then, do we feel this strange attraction for these polar regions, a feeling so powerful and lasting, that when we return home, we forget the mental and physical hardships, and want nothing more than to return?" - Jean-Baptiste Charcot, the French polar explorer and scientist.

0745 **Wake up call.** Good morning!

0800 **Breakfast** is served in the **dining room**.

As we are on an expedition, timing may be affected by navigation, ice, weather, and wildlife.
Please be flexible and listen for announcements.

In the morning, we aim to land and cruise at Yankee Harbour. A beautiful bay surrounded by glaciers where the beaches are filled with wildlife. There is a large Gentoo rookery with the occasional seals as visitors.

±1015 **The Krill** - Please come to the **zodiac boarding area**.

±1030 **The Gentoos** - Please come to the **zodiac boarding area**.

±1045 **Kayakers** - Please come to the **zodiac boarding area**.

1300 **Lunch** will be served in the **dining room**.

During the afternoon we will cruise through the MacFarland strait. Here we can observe magnificent plutonic rocks in the shape of hexagonal pillars. The pillars rise straight from the water and go high up in the sky.

±1445 **The Gentoos** - Please come to the **zodiac boarding area**.

±1500 **The Krill** - Please come to the **zodiac boarding area**.

±1515 **Kayakers** - Please come to the **zodiac boarding area**.

1845 **Recap** – Please join the expedition team in **the lounge** for our daily recap.

1930 **Buffet dinner** served in the **dining room**.

Bill the Krill: I fear the worst!

Will the Krill: I fear the worst too, Bill, because fearing the best is a complete waste of time.

Bill and will the krill - Happy Feet 2

No wakeup call – Have a lovely morning!

0800 **Breakfast** is served in the **dining room**.

0915 Please join **Andrew** in the Lounge for a fascinating talk about **orcas**, with a special focus on the individuals we've encountered during our voyage.

1100 Please meet **Chloe** in the lounge for an enthusiastic lecture about her favourite's critters: **Plankton!** Did you know the biggest plankton is 60m long?

1230 **Lunch** will be served in the **dining room**.

1430 Please join **Koen** in the Lecture Room for an informative presentation about **Oceanwide Expeditions' destinations**. Discover the spectacular regions we explore, including Greenland, Svalbard, South Georgia or even Tristan da Cuna!

1600 Please join **Andy** in the Lounge for a **lecture about glaciers** and people and the interaction about the two. Did you know Antarctica contain about 90% of the world's ice and 70% of its freshwater?

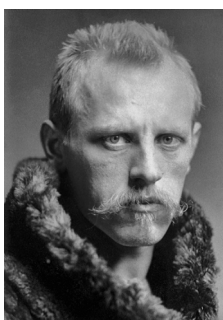
1700 **Muck Boot Collection** – We will call you by colour groups to return your muck boots to the shell doors on deck 3. Please listen for announcements.

1800 **Recap** - Please join the expedition team in the **lounge** for our daily recap.

1900 **Dinner** will be served in the **dining room**.

2045 **How to get to Antarctica?** A fascinating story from **Sasha** will be told after dinner in the lecture room.

We will sail into open sea this evening and the ship may move – please secure your belongings and be careful when moving around the ship.



"The difficulty is what takes a little time; the impossible is what takes a little longer." - **Fridtjof Nansen**

- 0745 Good morning! It's time for your wake-up call.
- 0800 Another delicious **breakfast** is served in the **dining room**.
- 1030 **Koen** has worked as a whale watch guide in Iceland and Tonga. Please join him in the lounge to hear his personal experience with **several whale species** while living abroad.
- 1230 Our restaurant staff welcome you in the **restaurant** to enjoy **lunch**.
- After lunch you will receive your bill in your cabin. We will call you by deck to make payments at reception – **Please listen for announcements.***
- 1430 **Marcelo** has a lot of knowledge about Antarctic exploration history and this afternoon he will talk in the lounge about the famous "**Gerlache Expedition**"
- 1615 **Lucia** is a proud **Argentinian**, please meet her in the lounge as she will talk about the **history** of her beautiful home country and share **cultural insights**.
- 1815 **Farewell Toast and presentation of the Slideshow** - Please join captain Jan and the expedition team for a toast to our wonderful voyage through the rough seas of the Southern Ocean and a slideshow of our expedition to the beautiful White Continent.
- 1900 A special **dinner** will be served in the **dining room**.

*Please walk slowly on the ship, never rush. **Keep at least one hand for the ship.** Shut all doors firmly and keep fingers away from door frames.*

"If Antarctica were music, it would be Mozart. Art, and it would be Michelangelo. Literature, and it would be Shakespeare. And yet it is something even greater; the only place on earth that is still as it should be. May we never tame it."

Andrew Denton

0715 **Wakeup call – Good Morning!**

Please place your large/check-in luggage outside your cabin no later than 0730.
During breakfast we will collect your luggage and deposit it on the pier where it will be your responsibility to identify and collect each item.

0730-0830 **Breakfast** will be served in the dining room.

0830-0900 **Disembarkation – Please listen for announcements.**
We will inform you once we have been cleared by local authorities.
Once clearance has been completed, we will invite you to the gangway to disembark Hondius.

*Upon disembarkation, **please identify and collect your luggage** from the pier and;*

- 1. Take it with you into Ushuaia and walk into town.*
- 2. Put it on the airport bus and get on the bus.*
- 3. Put it in the luggage truck.*
- 4. If you have arranged your own transport – please take your luggage*

***On behalf of all at Oceanwide Expeditions and all on board Hondius we
thank you for a truly incredible expedition.
Safe travels home.***

2025 年 11 月 17 日（星期一）
乌斯怀亚登船

欢迎登船！

行李将被送至您的客舱。请检查以确保您已收到所有行李。若您的客舱内有多余的行李，请通知船员。

*** * 茶与咖啡全天候在 5 层甲板的观景厅供应 * ***

±1715 安全简报——请前往休息室（5 层甲板，船头）参加航程欢迎会，随后将进行强制性的安全简报和救生艇演习

救生艇演习

3 层甲板（301 - 337 号客舱）的所有客人请前往 A 集结站，位于 4 层甲板的餐厅

4、6、7 层甲板的所有客人请前往 B 集结站，位于 5 层甲板的观景休息室

±1800 离开乌斯怀亚。船只行驶期间驾驶舱将关闭

1830 探险队员介绍 & 船长欢迎致辞——请前往休息室（5 层甲板）参加欢迎登船见面会，将会由酒店经理欢迎您入住新家、船长敬酒，并与您的探险团队见面

1930 自助晚餐在餐厅（4 层甲板）开放

±2045 橡皮艇（Zodiac）安全简报——请前往休息室（5 层甲板）参加关于橡皮艇操作的强制性安全说明

今晚我们将驶入外海，船只可能会晃动——请妥善放置您的物品，并在船上行走时注意安全。

在驶入外海前请服用晕船药——医生将在晚餐后于休息室提供协助。

0745 叫醒服务 - 早安！

0800 早餐于餐厅（4 层甲板）供应。

本次航行将按小组安排行程。请至接待处公告板查阅分组名单。

0935 雨靴领取 - 我们将按颜色分组呼叫，请至 **3 层甲板靴具室** 领取雨靴。请自备厚袜以确保合脚！**请留意广播通知。**

1045 讲座 - 请至休息室与马塞洛会合。他将介绍阿根廷东端偏远的合恩岛，这座以壮丽景观闻名的岛屿。

1230 午餐于餐厅（4 层甲板）供应。

下午探险安排

下午计划安排橡皮艇巡游合恩地岛沿岸，具体安排将视抵达时的天气及海况而定。请留意相关活动通知。**请穿着保暖且具备防水功能的衣物。**

1815 行程回顾 - 请前往休息室（5 层甲板）参加首次探险团队简报会。

1900 晚餐将于餐厅（4 层甲板）供应 - 今晚采用分餐制，*请准时前往餐厅。*

船上行走请缓步慢行，切勿奔跑。请至少单手扶船。关闭所有舱门时请确保门扇完全闭合，手指远离门框。

- 0745 叫醒服务 – 早安！
- 0800 早餐于餐厅（4 层甲板）供应。
- 0915 国际南极旅游协会（IAATO）简报会 - 请前往休息室参加。此简报会所有乘客必须参加。
- 1115 请在休息室与 **Andrew** 和 **Emily** 会合！他们将介绍您可在南极参与的全民科学项目。
- 1230 午餐于餐厅供应。
- 1345 皮划艇说明会：请前往讲座室与 **Nick** 和 **Alexis** 会合，参加皮划艇安全说明会。预订该活动的乘客必须参加该说明会。
- 1500 请前往讲座室参加 **Rose** 主讲的**南极地质**讲座。您是否知道南极洲是世界第五大洲，面积约 1400 万平方公里，约为澳大利亚的两倍呢？本讲座使用中文进行 **Enric** 将在休息室就同一主题进行讲座。
- 1630 南极洲是人类最后抵达的大陆。其发现历程充满诸多精彩探险。欲了解更多，请前往休息室参加 **Koen**（KJ）充满激情的**南极历史**讲座。
- 1815 **Recap – Please join the Expedition Team in the lounge (deck 5) for our daily recap and briefing. 每日总结——**请前往休息室（5 层甲板）参加每日的总结与简报会。
- 1900 晚餐于餐厅供应。

“凡大事必有开端，但坚持到底直至圆满完成，方显真正荣耀”——弗朗西斯·德雷克 - 弗朗西斯·德雷克（Francis Drake）

2025 年 11 月 20 日（星期四）

迪塞普逊岛（又称欺骗岛）

0745 叫醒服务 - 早安！

0800 早餐于餐厅（4 层甲板）供应。

上午我们将先进行讲座，随后开展生物安全检查。检查期间，欢迎您前往露天甲板放松，或参观驾驶舱——**Emily 和 Andrew** 将在那里进行鲸类调查！同时，甲板上 **Matt 和 Juan** 将主持鸟类摄影工作坊。

0915 请前往休息室与 **Ali** 相约，开启企鹅知识全攻略！

1015 参加皮划艇活动的乘客：请至三层甲板处领取装备，**Nick 与 Alexis** 将为您服务。

1030 为防止入侵物种进入南极生态系统，请确保所有拟携带上岸的物品均已清洁。清洁完毕后，请将外套、背包、救生衣、靴子、三脚架及登山杖送至休息室接受检查。检查完成后需签署 IAATO 文件。我们将按甲板分组通知，请留意广播。

1230 午餐将在餐厅供应。

下午，我们计划抵达**欺骗岛**并探访**鲸湾**——该湾位于活火山的火山口内。此处历史遗址保留着 20 世纪初捕鲸站的遗迹，包括旧油罐、废弃建筑以及散落在黑色火山沙滩上的鲸骨。具体时间安排请留意广播通知。

我们将分成两组，第一组首先登陆，第二组首先乘冲锋艇巡航。然后交换组别。

+/- 1330 Neptunes Window

+/- 1430 **巴布亚企鹅组** - 请前往橡皮艇登船区准备登陆。

+/- 1445 **磷虾组** - 请前往橡皮艇登船区乘船巡航。

+/- 1500 参加皮划艇活动的乘客 - 请前往橡皮艇登船区集合。

1930 自助晚餐于餐厅供应。

“困难终究只是需要克服的事物。” ——欧内斯特·沙克尔顿 (Ernest Shackleton)

2025 年 11 月 21 日（星期五）
丹科港&纳克港

0645 叫醒服务。早安！

0700 早餐于餐厅供应。

上午计划登陆和巡游埃雷拉海峡中的丹科岛。这座小巧而风景如画的岛屿是观赏巴布亚企鹅的绝佳地点。繁殖季期间，成群的巴布亚企鹅在此筑巢栖息。

0815 **磷虾组** - 请前往橡皮艇登船区准备登陆。

0830 **巴布亚企鹅组** - 请前往橡皮艇登船区乘船游览。

0845 皮划艇活动 - 请前往橡皮艇登船区。

1230 午餐将在餐厅供应。

下午计划登陆和巡游尼科港。此处是少数可踏足南极大陆的地点之一。请留意巴布亚企鹅踪迹，聆听冰川崩裂时震耳欲聋的轰鸣声。

1415 **巴布亚企鹅组** - 请前往橡皮艇登船区准备登陆。

1430 **磷虾组** - 请前往橡皮艇登船区乘船游览。

1445 皮划艇活动 - 请前往橡皮艇登船区。

1815 行程回顾——请至休息室参加每日总结会。

1900 自助晚餐于餐厅供应。

0645 叫醒服务。早安！

0700 早餐于餐厅供应。

时间安排可能调整，请留意广播通知。

上午计划登陆帕拉弗角并进行巡航。这片岩石岬角栖息着帽带企鹅群落。

0830 **磷虾组** - 请前往橡皮艇登船区准备登陆。

0845 **巴布亚企鹅组** - 请前往橡皮艇登船区乘船游览。

0900 皮划艇活动 - 请前往橡皮艇登船区。

1230 午餐将在餐厅供应。

下午计划巡航格雷厄姆海峡。该海峡是南极洲一条狭窄的冰川水道，将默里岛与南极半岛西岸的佩法尔（文蒂米利亚）半岛分隔开来。

1430 **巴布亚企鹅组** - 请前往橡皮艇登船区乘船游览。

1445 **磷虾组** - 请前往橡皮艇登船区准备登陆。

1500 皮划艇活动 - 请前往橡皮艇登船区。

1815 行程回顾——请至休息室参加每日总结会。

1900 特别的南极晚宴将在特色的地点举行;)。



“冒险不过是计划不周罢了。”
— 罗尔德·阿蒙森（Roald Amundsen）

0645 叫醒服务。早安！

0700 早餐于餐厅供应。

由于本次为探险行程，时间安排可能受航行、海冰、天气及野生动物等因素影响。请留意广播通知。

上午计划登陆布朗站并进行巡航。该阿根廷科研站建于 1951 年，坐落于天堂港的岩岸之上，是研究南极地质学、冰川学及海洋生物学的基地。

± 0830 **磷虾组** - 请前往橡皮艇登船区准备登陆。

± 0845 **巴布亚企鹅组** - 请前往橡皮艇登船区乘船游览。

± 0900 皮划艇活动 - 请前往橡皮艇登船区。

1230 午餐将在餐厅供应。

下午将安排在石角登陆巡游，此处可饱览壮丽南极风光。勇敢的乘客可在登陆结束后体验极地冰泳！请在衣物内穿着泳装。我们将提供毛巾，**请勿**携带客房毛巾。

± 1430 **巴布亚企鹅组** - 请前往橡皮艇登船区乘船游览。

± 1445 **磷虾组** - 请前往橡皮艇登船区准备登陆。

± 1500 皮划艇活动 - 请前往橡皮艇登船区。

1830 行程回顾——请至休息室参加每日总结会。

1900 自助晚餐于餐厅供应。



“那么，我们为何对这些极地怀有如此奇特的吸引力？这种感觉如此强烈而持久，以至于当我们回到家乡时，便会忘记身心所受的艰辛，唯愿重返故地？”——法国极地探险、科学家让·巴蒂斯特·夏科

0745 叫醒服务。早安！

0800 早餐于餐厅供应。

由于本次为探险行程，时间安排可能受航行、海冰、天气及野生动物等因素影响。请留意广播通知。

早晨我们将登陆并巡航于扬基港，这片被冰川环抱的美丽海湾。海滩上遍布野生动物，这里有大型巴布亚企鹅繁殖地，偶尔会有海豹前来造访。

±1015 **磷虾组** - 请前往橡皮艇登船区准备登陆。

±1030 **巴布亚企鹅组** - 请前往橡皮艇登船区乘船游览。

±1045 **皮划艇活动** - 请前往橡皮艇登船区。

1300 午餐将在餐厅供应。

下午我们将驶入麦克法兰海峡。此处可观赏壮观的深成岩构成的六角形石柱群，这些石柱从海面拔地而起，直抵苍穹。

±1445 **巴布亚企鹅组** - 请前往橡皮艇登船区乘船游览。

±1500 **磷虾组** - 请前往橡皮艇登船区准备登陆。

±1515 **皮划艇活动** - 请前往橡皮艇登船区。

1845 行程回顾——请至休息室参加每日总结会。

1930 自助晚餐于餐厅供应。

Bill the Krill: I fear the worst!

Will the Krill: I fear the worst too, Bill, because fearing the best is a complete waste of time.

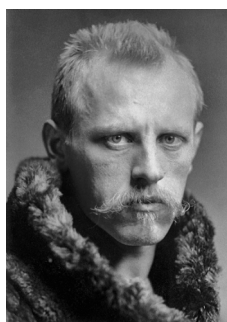
Bill and will the krill - Happy Feet 2

2025 年 11 月 25 日（星期一）
德雷克海峡

无叫早服务——祝您晨间愉快！

- 0800 早餐于餐厅供应。
- 0915 请前往休息室聆听 **Andrew** 关于**虎鲸**的精彩讲座，重点介绍航程中邂逅的个体。
- 1100 请至休息室参加 **Chloe** 的热情讲座，她将讲述她最钟爱的生物：**浮游生物**！您知道最大的浮游生物可达 60 米长吗？
- 1230 午餐于餐厅供应。
- 1430 请前往讲座室聆听 **Koen** 关于 **Oceanwide** 公司目的地的介绍。探索探访的壮丽区域：格陵兰、斯瓦尔巴群岛、南乔治亚岛乃至特里斯坦-达库尼亚群岛！
- 1600 **Rose** 将会在 5 楼的**讲座厅**带来讲座 **杰拉许的南极探险**，杰拉许于 1897 至 1899 年间率领比利时南极考察队乘“比利时号”船展开探险，实现了人类首次在南极越冬。此次考察原非计划越冬，但“比利时号”被冰封困住，迫使船员们在漫长黑暗与艰辛中坚持数月。尽管面临重重挑战，考察队仍取得科学发现并绘制了该大陆的海岸线。
- 1700 **防滑靴回收**——我们将按颜色分组通知您将防滑靴归还至 3 层甲板的储物柜。请留意广播通知。
- 1800 **每日总结**——请前往**休息室**参加探险团队的每日总结会。
- 1900 **晚餐**将在**餐厅**供应。
- 2045 **如何抵达南极？**晚餐后，**Sasha** 将在讲座室讲述一段精彩故事。

今晚我们将驶入公海，船只可能晃动——请固定好您的随身物品，并在船上活动时注意安全。



“困难只是需要多花些时间；不可能的事则只要更久一些时间。” —— 弗里乔夫·南森（**Fridtjof Nansen**）

2025 年 11 月 26 日（星期二）
德雷克海峡

0745 **叫醒服务。早安！**

0800 **餐厅将再次供应丰盛早餐。**

1030 **Koen** 曾在**冰岛**和**汤加**担任观鲸向导。欢迎前往休息室聆听他在海外生活期间与**多种鲸类**亲身接触的经历。

1230 餐厅团队再次邀请您于**餐厅**享用午餐。

*午餐后账单将送至您的舱房。我们将按甲板分区通知您前往前台结账——**请留意广播通知。***

1430 **Rose** 在 5 楼**讲座厅**带来讲座“**中国极地科考站**”，讲座将会讲到中国在严寒的极地气候下的建站历史

1615 **Lucia** 是自豪的**阿根廷人**，请前往休息室聆听她讲述美丽祖国的**历史与文化**见解。

1815 **告别祝酒会及幻灯片展映**——敬请与杨船长及探险团队共举杯，为我们穿越南大洋惊涛骇浪的精彩航程干杯，并欣赏这片白色大陆的探险影像集锦。

1900 **餐厅**将供应特别**晚宴**。

*船上请缓步而行，切勿匆忙。**至少留一只手扶稳船体**。关闭所有舱门时务必关紧，手指远离门框。*

*“若南极洲是音乐，它便是莫扎特；若是艺术，它便是米开朗基罗；若是文学，它便是莎士比亚。然而它远不止于此——它是地球上唯一仍保持本真的地方。愿我们永远不驯服它。”
——**安德鲁·丹顿***



南极洲

探索与学习之旅

2025 年 11 月 27 日（星期三）

离船

0715 叫醒服务。早安！

请于上午 7 点 30 分前将您的大件行李放在房门外。

早餐期间我们将收取行李并存放于码头，届时您需自行辨认并领取每件物品。

0730-0830 餐厅将供应丰盛早餐。

0830-0900 离船须知——请留意广播通知。
待获得当地当局许可后，我们将立即通知各位。完成所有手续后，我们将引导您前往舷梯，准备离船。

下船后，请在码头认领并领取您的行李，然后：

1. 携带行李前往乌斯怀亚市区步行进入城镇。
2. 将行李放置于机场巴士并随车前往。
3. 将行李放入行李运输车。
4. 若您已自行安排交通——请直接携带行李离开。

谨代表 Oceanwide 探险公司全体同仁及洪迪斯号全体船员，衷心感谢
您参与这场真正非凡的探险之旅。
祝您一路顺丰。

全民科学:

Emily 和 Andrew 的讲座将聚焦公民科学——即公众通过观察与数据收集参与科学研究的实践。本次讲座将主要探讨鲸类调查项目，乘客可协助识别并记录观察到的鲸类与海豚。

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